

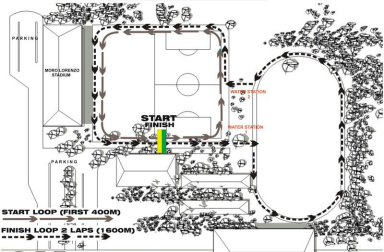
**1K**  
6 - 8yrs old

AGE  
DISTANCE  
ASSEMBLY  
CALL TIME  
GUN START  
COLOR CODING

0-8  
1 KM  
7:30 am  
8:00 am  
8:15 am  
BLUE

**Ateneo High School**  
**Football Field & Track Oval**  
**April 24, 2010**





**START LOOP (FIRST 400M)**

**FINISH LOOP 2 LAPS (1600M)**

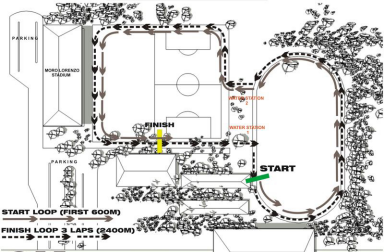
**2K**  
**11-12yrs old**

AGE  
 DISTANCE  
 ASSEMBLY  
 CALL TIME  
 GUN START  
 COLOR CODING

11-12  
 2 KM  
 8:30 am  
 7:00 am  
 7:15 am  
 GREEN

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**3K**  
13-14yrs old

AGE	13-14
DISTANCE	3 KM
ASSEMBLY	8:00 am
CALL TIME	8:30 am
GUN START	8:45 am
COLOR CODING	YELLOW

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